

Program: First Aid for Public Safety Personnel (Title 22 First Aid)

Purpose

To train lifeguards, fire fighters, and peace officers in the knowledge and skills necessary to help sustain life, reduce pain, and minimize the consequences of injury or illness until more advanced medical help can arrive in accordance with the requirements of Title 22 of the California Code of Regulations.

Prerequisites

Current certification in CPR/AED for Professional Rescues and Health Care Providers or equivalent.

Learning Objectives

- Explain the function of the EMS system and the roles of the EMS Chain of Survival.
- Understand body systems and how they interrelate.
- Explain and demonstrate patient assessment, including scene size up, primary assessment, physical exam, SAMPLE history, baseline vitals, and ongoing assessment.
- Recognize severe bleeding and demonstrate direct pressure and bandaging.
- Recognize and manage shock.
- Explain basic care for musculoskeletal injuries and demonstrate splinting techniques.
- Recognize the signs and symptoms of various specific injuries and demonstrate care.
- Recognize the signs and symptoms of medical and environmental emergencies, poisoning, and drug abuse/misuse and describe general and specific care.
- Understand the birthing process and be prepared to assist with emergency childbirth.

Course Length

15 hours and 30 minutes

Instructor

A current American Red Cross Emergency Medical Response, Lifeguarding, or First Aid/CPR/AED plus CPR/AED for the Professional Rescuer Instructor who has completed an orientation to the program.

Completion Requirements

- Successfully demonstrate all required skills
- Pass 4 unit written exams with a score of 80% or better on each.

Certificate Validity

3 years

Participant Materials

American Red Cross Emergency Medical Response textbook (Stock No. 656540)