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## **CPR/AED for Professional Rescuers and Health Care Providers**

### **Purpose**

The purpose of the American Red Cross CPR/AED for Professional Rescuers and Health Care Providers program is to train professional-level rescuers to respond to breathing and cardiac emergencies in adults, children and infants until more advanced medical personnel take over.

### **Prerequisites**

None

### **Learning Objectives**

- Identify the responsibilities and characteristics of professional rescuers.
- List the series of events that occur when the emergency medical services (EMS) system is activated.
- Understand how legal considerations affect professional rescuers.
- Recognize a life-threatening injury or illness.
- Demonstrate how to perform a primary assessment.
- Determine when it is appropriate to call for more advanced medical personnel.
- Describe instances in which a victim should be moved.
- Recognize and care for a breathing emergency.
- Demonstrate how to give ventilations using a resuscitation mask (adult/child and infant).
- Demonstrate how to use a bag-valve-mask resuscitator (BVM) with two rescuers.
- Demonstrate how to care for an obstructed airway (adult/child and infant).
- List the links of the Cardiac Chain of Survival.
- Recognize the signs and symptoms of a heart attack.
- Identify how to care for a heart attack.
- Identify special situations that may arise when performing CPR.
- Describe the role and importance of early CPR in cardiac arrest.
- Demonstrate how to perform CPR (adult/child and infant).
- Demonstrate how to perform two-rescuer CPR (adult/child and infant).
- Describe what defibrillation is and how it works.
- Describe the role and importance of early defibrillation in cardiac arrest.
- List the general steps for using an automated external defibrillator (AED).
- Identify precautions for using an AED.
- Demonstrate how to use an AED (adult, child or infant).
- Describe the differences in using an AED (adult, child and infant) when CPR is in progress.
- Decide what care to provide for breathing and cardiac emergencies.

### **Length**

Approximately 5 hours, 35 minutes

### **Instructor**

Currently certified CPR/AED for Professional Rescuers and Health Care Providers, Lifeguarding and Emergency Medical Response instructors and instructor trainers

### **Certification Requirements**

- Attend the entire course.
- Participate in all skill sessions and scenarios.
- Demonstrate competency in all required skills and scenarios.
- Pass the final written exam with a minimum grade of 80 percent (20 correct answers out of 25 questions).

### **Certificate Issued and Validity Period**

- CPR/AED for Professional Rescuers and Health Care Providers: 2 years

### **Participant Products/Materials (available in e-book and print formats)**

- *American Red Cross CPR/AED for Professional Rescuers and Health Care Providers Handbook*