



Safety Training for Swim Coaches Instructor Course Fact Sheet

Purpose

The purpose of the American Red Cross Safety Training for Swim Coaches Instructor course is to train instructor candidates to teach the Safety Training for Swim Coaches Blended Learning course. This course prepares instructor candidates to use course materials, conduct the in-water skills session and evaluate the progress of candidates.

Prerequisites

1. Be at least 16 years old on or before the last day of the instructor course
2. Possess a basic-level American Red Cross Safety Training for Swim Coaches or Lifeguarding/First Aid/CPR/AED certificate
3. Complete the online Orientation to the Safety Training for Swim Coaches Instructor Course session, including achieving a minimum score of 80 percent on the online exam
4. Complete the online Orientation to the American Red Cross
5. Successfully complete the precourse session, including demonstrating competency in the precourse rescue skills evaluation

Learning Objectives

- Exhibit the characteristics required of a Red Cross representative and role model.
- Conduct courses in a manner that helps participants stay engaged in the learning process.
- Inform instructor candidates how to plan and organize the Safety Training for Swim Coaches course.
- Effectively use program materials and training equipment.
- Perform applicable in-water skills.
- Ensure participants' health and safety during training.
- Identify required information for the Class Roster Report to maintain complete and accurate records.
- Explain procedures for obtaining course completion certificates.
- Deliver quality, consistent and standardized content by following the *Safety Training for Swim Coaches Blended Learning Instructor's Manual*.
- Monitor participants' practice and provide positive, corrective feedback and encouragement consistent with the skill charts and skill assessment tools.
- Recognize the requirements in the skill assessment tools as criteria for ascertaining the competency of a participant's performance.
- Plan, coordinate and manage training with the Red Cross, including advising the Red Cross in advance of any classes that they are scheduled to teach.



Length

Online Time	Facility Time	Total Time
1 hour, 5 minutes	4 hours, 25 minutes	5 hours, 30 minutes

Instructor

Currently certified American Red Cross Lifeguarding instructor trainers or Water Safety instructor trainers who have completed a self-orientation to the Safety Training for Swim Coaches materials

Certification Requirements

- Successfully complete the online Orientation to the Safety Training for Swim Coaches Instructor Course session.
- Successfully complete the online Orientation to the American Red Cross.
- Successfully complete the precourse session.
- Attend and actively participate in all course sessions.
- Successfully complete class activities, including the required practice-teaching assignments.
- Achieve a minimum score of 80 percent on the Safety Training for Swim Coaches Instructor Course final written exam.

Certificate Issued and Validity Period

American Red Cross certificate for Safety Training for Swim Coaches instructor: 2 years

Participant Products/Materials

- American Red Cross Safety Training for Swim Coaches Blended Learning Course
- American Red Cross *Safety Training for Swim Coaches Supplement*
- American Red Cross *Safety Training for Swim Coaches Blended Learning Instructor’s Manual*